

Big Lakes Developmental Center, Inc.
Community Developmental Disability Organization (CDDO)
for Geary, Riley, Clay, and Pottawatomie counties

Targeted Case Management (TCM)

Targeted Case Management, or simply referred to as “Case Management”, assists the person and his/her support network to identify, select, obtain, coordinate, and use both paid services and natural supports as may be available to enhance the person’s independence, integration, and productivity consistent with the person’s capabilities and preferences as outlined in his/her person-centered support plan (PCSP).

Case Management is available to anyone who is eligible for MR/DD services. An MR/DD case manager will help identify, select, obtain, coordinate, and use paid services and natural supports to assist an individual. Case management services can be utilized before funding is accessed and while on the waiting list. Case managers may not perform services that a direct service provider would normally provide. Case management is required by the state if an individual is receiving a paid MR/DD service. In other words, an individual **MUST** have a case manager **BEFORE** paid service(s) can be utilized.

Elements of Targeted Case Management

- **Assessment** – including an ongoing process for the identification of the person’s needs, the determination of a person’s preferred lifestyle, and the resources that are available to the person, through both formal and informal evaluation methods;
- **Support planning** – with the participation of the person and the person’s support network, including the development or assistance in the development, updating, and reviewing of the person’s person-centered support plan and any related service or support plan, building upon assessment information to assist the person in meeting the person’s needs and achieving the person’s preferred lifestyle; and providing assistance to the person in being knowledgeable about the types and availability of community services and support options, in receiving information regarding the rights of persons served pursuant to the developmental disabilities reform act and implementing regulations, the content of which shall be approved by the commission, and in obtaining the community services and supports of the person’s choice;
- **Support coordination** – including arranging for and securing supports outlined in the person’s person-centered support plan; and developing and accessing natural supports and generic community support systems, including pursuing means for gaining access to needed services and entitlements, and seeking modification of service systems when necessary to increase the accessibility to those systems by the person;
- **Monitoring and follow-up** – including ongoing activities that are necessary to ensure that the person-centered support plan and related supports and services are effectively implemented and adequately addressing the needs of the person; and
- **Assisting transition and portability** – including the planning of and arranging for services to follow the person when the person moves between any of the following: from school to the adult world; from an institution to community alternatives; from one kind of service setting to another kind of service setting; from one provider to another provider; or from one service area to another service area.

REASONS TO SIGN UP FOR CASE MANAGEMENT

- **Growing waiting lists** - With the number of persons who are waiting for service(s) in our CDDO area, a case manager holds a critical role in advocacy and transition planning.
- **Medicaid service** - For Medicaid eligible individuals, case management services are paid for through the individual's medical card and will not result in any direct cost to them. Should an individual not be Medicaid eligible, Targeted Case Management services may be paid for privately. A case manager can help the individual apply for Medicaid.
- **Person-Centered Support Planning** - A case manager will work with an individual and his/her family in preparing a person-centered support plan (PCSP) to address the individual's needs, desires, dreams, and goals . . . for today and as they look toward the future.
- **Frozen access to the HCBS waiver** - The state of Kansas has currently frozen access to the HCBS waiver, except for persons determined to be in crisis. A case manager, due to the strong familiarity with a person's situation, can serve as a strong advocate to assist with accessing crisis-funded services.
- **Communication** - As new opportunities and changes occur, a case manager can readily and promptly communicate this information to the individual and his/her family/guardian.
- **Level of service** - Without a case manager, our CDDO will contact an individual at least once yearly to conduct their annual BASIS (Basic Assessment and Service Information System) assessment (re-evaluation). A case manager will maintain monthly contact, or as much contact the family prefers, keeping the CDDO better informed of the individual's changing circumstances.
- **IEP involvement** – an MR/DD Case Manager can accompany families to IEP meetings and be involved with the transition from school to adult services.

You may request a "Provider Listing for Child and Adult Case Management" from the CDDO at any time. The providers listed have a contract with the CDDO to provide this service.

Contact: Big Lakes Developmental Center CDDO, Teresa Still, CDDO Quality Assurance/Eligibility Specialist, 1416 Hayes Drive, Manhattan, KS 66502.
Phone: (785) 776-9201. E-mail: tstill@biglakes.org. Work hours are Monday through Friday, 8:00 a.m. – 4:30 p.m.

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